

3 Steps for Determining ADD/ADHD and Requesting Accommodations

Step 1: Assessment

Schedule an assessment at one of the following learning centers:

Kreeger Learning Center on College Avenue	732-932-1443
Cook/Douglass Learning Center	732-932-1660
Busch/Livingston Learning Center	732-445-0986

The assessment is free, typically takes less than an hour, and consists of answering a series of questions. The assessment is not a diagnosis; for this, you'll have to meet with a university psychiatrist.

Step 2: Diagnosis

You'll be given a copy of your documents after you complete the assessment. Hand carry them to the Counseling Center reception desk at 17 Senior Street. Meeting with a psychiatrist is free. During your appointment, if you are diagnosed with ADD/ADHD, you will be given a form.

Step 3: Accommodations

Keep the psychiatrist's form and contact the office of Disability Support Services at 732-932-2848 for an appointment regarding accommodations. You are also encouraged to use the services of the Rutgers Learning Centers, such as meeting with a tutor or making an appointment for academic coaching.

Remember, you are responsible for initiating each of the three steps. The quicker you do so, the faster the process will move and the better we'll be able to help you in becoming a successful student at Rutgers.